MARCH



2024

MON	TUES	WED	THUR	FRI	SAT	SUN
				1	FREE Stretch Class @10:15am Meet in front of the gym	FREE Stretch Class @ 9:15am Meet in front of the gym
4	5	6	7	8	FREE Stretch Class @10:15am Meet in front of the gym	Spring Forward
11	12	13	14	15	16 FREE Stretch Class @10:15am Meet in front of the gym	St Patrick's
18	Spring 19	20	21	22	FREE Stretch Class @10:15am Meet in front of the gym	24
25	26	27	28	29	30	office closed

Office Hours

Mon, Tue, Thurs & Fri: 9am - 6pm

Wed: 10am - 5pm

Sat: 10am - 5pm **Sun:** 1pm - 5pm

Phone: 770-476-5515

Address:

6115 Abbott's Bridge Rd. John's Creek, GA 30097

Maintenance Emergencies:

If you need immediate maintenance service after regular office hours:

770-476-5515

Courtesy Attendant:

Please call the office if you are in need of our Courtesy Attendant's service. If it is after regular office hours the answering service will forward your message.